

Shri Satya Sai Education Trust
J.H.B.Sardar Primary English School,
Monthwise course of 2025 -26

Std-VII

Semester I

Month	Computer	K.C.	Drawing	P.T.	Music	Karate/yoga	DII
June	Ch.1 Practical 1	Addition , subtraction and multiplication of integers by playing a game.	1.Calligraphy Drawing (Pencil shading) 2.(One point)Perspective drawing 3.Overlapping design.(Poster colour).	Mass Drill, Chess, Carrom, Volleyball, Kabbadi.	He hansvahini , gyandayini prayer Keyboard-alankar,we shall over come /Blues pattern and variation	Warming up, aasan balance, advanced level practice YOGA: paschimotanasan , bhuma-san	Ch-1 Casual greetings
July	Ch.2 Practical 2	Multiplication of unlike fractions using crayons and math buddy tools. Students will learn about lines and angles by straw and ice cream sticks.	4.Stil Life (Pencil shading) 5.Lattariing drawing 6.Madhubani painting.	Mass Drill, Chess, Carrom, Volleyball, Kabbadi.	Folk song Keyboard - we shall over come ./bhajanik taal.	Warming up, aasan balance, advanced level practice YOGA: paschimotanasan .	Ch-2 Introductions
August	Ch.3 Practical 3,4	Linear equation in one variable using algebraic tiles. Robotics Level-2 - Basic parts explanation	7.Life Study (picture composition) 8. Animal (Cow picture composition)	Mass Drill, 100mt. Running Race, Volleyball, Handball, Kho-Kho.	Ganesh aarti vande mattram(muje garv he) National anthem pattern and band practice.	Warming up, aasan balance, advanced level practice YOGA: matsya-san , bhuma-san	Ch-3 Talking about school Ch-4 Our community
September	Ch.4 Practical 5	Mean, mode and median activity using straw.	9.. Tree landscape painting.(landscape painting)	Mass Drill, 100mt. Running Race, Volleyball, Handball, Kho-Kho.	Nachdi phira Chords ..16 beat pattern and rolling ti ta ki ta on tabla practice	Warming up, aasan balance, advanced level practice YOGA: Halasan, Ushtrasan.	Ch-5 Shopping on the go Ch-6 At the Bank
Oct.	Revision	Revision	Revision Colour practice Exam.	Handball, Kabaddi, Base Ball, Badminton, Football.	Love you zindagi Keyboard - itani shakti ,, ..Hi - hop pattern	Warming up, aasan balance, advanced level practice YOGA: Halasan, Ushtrasan, Meditation.	Ch-7 My dreams Ch-8 Let's Party

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Semester II

Month	Computer	K.C.	Drawing	P.T.	Music	Karate/yoga	DII
Nov/Dec	Ch.5 Practical 1	To verify that the sum of the angle of a triangle is 180 degree. To find percentage of marbles of different colour.	1.humen figure Portrait painting. 2.Grting card 3.Calligraphy drawing	Handball, Kabaddi, Base Ball, Badminton, Football.	Cheap thrills, Keyboard - itani shakti , / cheap thrills song	Warming up, aasan balance, advanced level practice YOGA:halasan, ushtrasan, padma mayurasan, meditation.	Ch-9 Entertainme nt Ch-10 getting our point across
January	Ch.8 Practical 2,3	To represent rational number on a number line. Algebraic expression activity using algebraic tiles. Robotics level-2 session	4. Landscape(poster colour with) 5. Board drawing Decoration (Free-Hand drawing)	Base Ball, Badminton, Football, Sports Day Celebration	Sargam (pallta)/practice of all song on track	Warming up, kick and punch, leg streching,kata level-2,A-B level asan	Ch-11 Science snd technology
February	Ch.9, Artificial Intelligence Practical 4	Exponent and power activity using paper-folding. Robotics level-2 session	7.warli painting 8. Cartoon drawing.	Mass Drill, Base Ball, Soft ball, Hand ball, Volley Ball.	Revision	Warming up, kick and punch, leg streching,kata level-2,A-B level asan	Ch-12 What's in store for us? Ch-13 Art and craft
March	Ch.10 Practical 1	Faces, Edges and vertices of 3-D shapes.	9.Paper collage painting Revision	Mass Drill, Base Ball, Soft ball, Hand ball, P.T Practical Exam	Exam	Exam	Exam
April	Revision	Exam	Exam	P.T Practical Exam	Exam	Exam	Exam